Apple & Broccoli Salad

Serves: 4

What You'll Need:

1 head broccoli florets
1 celery stalk, finely diced
1 small apple, diced
1/4 cup chopped pecans
3 Tbsp. raisins
1 cup Greek yogurt
Juice of 1/2 a lemon
1 Tsp. sweetener; maple, agave, honey
Sprinkle of cinnamon, optional

How to Do It:

Gather all ingredients

In a large bowl add the broccoli, celery, apple, pecans, raisins and sausage if using.

In a separate bowl add the Greek yogurt, sweetener and lemon juice.

Mix to combine.

Pour half of the yogurt sauce onto the broccoli. Mix. Taste and add more dressing if necessary.

Sprinkle with cinnamon and serve